

## Veterans Services Programs

### Demographics

554,533 Veterans  
 62,130 Active duty  
 18,016 National Guard  
 and Reserve  
 2,000,000+ Family members

The WDVA network of Veterans Service Offices filed 7,856 claims for VA compensation and/or pension benefits in fiscal year 2021.

### Impact on Veterans

Veterans who receive VA service-connected disability compensation or nonservice-connected pension benefits receive an average of \$1500 per month from the VA and are often entitled to additional benefits such as VA medical care, education and employment benefits, and benefits for family members and survivors.

### Impact on State

VA disability compensation and pension benefits result in over \$2.8 billion per year flowing directly into the Washington economy and an additional \$1.9 billion per year in VA healthcare expenditures. Veterans receiving VA healthcare are also not as dependent upon state healthcare resources.

### WDVA Director

Lourdes E. Alvarado-Ramos

### WDVA Deputy Director

David Puente, Jr.

[www.dva.wa.gov](http://www.dva.wa.gov)

1-800-562-2308

[benefits@dva.wa.gov](mailto:benefits@dva.wa.gov)

### Assistant Director

Mary J. Forbes

360-725-2210

[MaryF@dva.wa.gov](mailto:MaryF@dva.wa.gov)

### Veterans Services Administrator

Steven J. Gill

360-789-5886

[StevenG@dva.wa.gov](mailto:StevenG@dva.wa.gov)

### Homeless Veterans Reintegration Program

The HVRP helps Veterans who are homeless or at-risk-of-homelessness reintegrate into the workforce and obtain financial stability. Services include case management and employment assistance.

### Veterans Benefits and Claims Assistance

WDVA partners with six nonprofit Veteran service organizations, 20 counties, and seven Indian tribes to assist Veterans and their family members with Veterans benefits and disability claims assistance through its networks of VA-accredited Veterans Services Officers.

### Transitional Housing for Homeless Veterans

Our 130-bed housing program is designed to provide a safe and stable environment for both men and women Veterans without homes who are committed to returning to employment and/or independent living. The onsite service center in Port Orchard also provides VA claims assistance to the public.



### Apprenticeship Program

This program informs and connects Veterans with work-based learning opportunities, and assists Veterans with referrals and enrollment.

### Transitioning Warrior Program

The TWP assists service members' integration into civilian life after the military. Services include preparation of Pre-Separation VA disability claims, information on state and federal benefits, gap funding, warm handoffs to other state VA agencies, counseling services, and other services designed to assist service members before they exit the military.

### Military Spouse Initiative

We coordinate with state, federal, military, and private organizations to collaborate on career and career-related support for military spouses.

### King County-funded Family Outreach Program

This program advocates on behalf of King County Veterans, military personnel, National Guard and Reserve members, and their family members for services that reduce the impact of military service. Provides assessment and assistance to communicate clients' needs to service providers and links to appropriate resources. Provides referrals to counseling with qualified children.

### King County-funded Homeless Programs

This program assists homeless or shelter-less Veterans by offering case management, financial assistance, community resource referrals, and some employment assistance.

### Veterans Reentry Case Management

This King County project provides case management and social services navigation for justice-involved Veterans while incarcerated and up to 120 days post-release who reside in or are being released to King County.

### Veterans Estate Management Program

WDVA can act as the representative payee for Veterans and their immediate family members who are in receipt of VA or Social Security Administration benefits and need assistance managing their financial affairs.

### Veteran Owned Business Certification

We support the establishment and growth of businesses owned by Veterans and service members with certification services and business development initiatives.

### Call Center

WDVA's call center is a toll-free, statewide service that evaluates the needs of Veterans and their families and then refers them to experts within our Veterans Services Network.

### LGBTQ+ Outreach Coordinator

This position ensures that all Veterans receive the benefits and entitlements they deserve, regardless of gender identity or sexual orientation.

### Veterans Innovations Program

This program provides assistance to Veterans who served on or after Sept. 11, 2001, and have an Honorable or General Discharge, and are facing financial hardships due to their support of the Global War on Terrorism.



King County

Veterans, Seniors & Human Services Levy

## Counseling and Wellness Programs

### Suicide Prevention Program

WDVA provides connections to community resources, facilitates suicide prevention programming, and collaborates with federal, state, and local experts to provide innovative programs across the state. A dedicated Suicide Prevention Program Manager and five-member Suicide Prevention Peer Specialist Team collaborate with federal, state, and nonprofit entities to support service members, Veterans, and families in this ongoing battle.

### Veterans Training Support Center

This King County initiative raises awareness and understanding of issues specific to Veterans, such as Post Traumatic Stress Disorder and Traumatic Brain Injuries. It also aids agency and institution staff in establishing best practices to empower Veterans in reintegration to civilian life and pursuit of their goals. VTSC provides training through a classroom-based or virtual platform.

### Veterans Conservation Corps (VCC)

The VCC provides Veterans with self-directed connections to the lands, waters, and communities in Washington State by offering opportunities to do meaningful work in conserving and restoring natural ecosystems with our environmental conservation and agricultural community partners. We support Veterans in establishing and maintaining healthy reciprocal relationships with nature and their community so that through their own efforts they may increase their self-efficacy and resiliency and realize a positive shift in their mental, emotional, and physical well-being.

### Veterans Peer Corps

This group of Veterans and family members is committed to supporting Washington Veterans through mentorship, guidance, and assistance in accessing the services and resources available to Veterans. The program provides training for peer mentors and seeks to construct a community of support and camaraderie.

### Commercial Tobacco Cessation Program

The CTCP provides resources and support for Veterans wishing to quit using tobacco products and aims to increase cessation efforts among Veterans in Washington State through education and training. Commercial tobacco includes any product containing tobacco and/or nicotine.



### Orting Veterans Farm

Our farm, located on the Soldiers Home campus, offers the opportunity for Veterans to lease fertile farmland (including irrigation access, a community greenhouse and tools, and cold storage), and the chance to connect with and learn from other Veteran farmers, attend training and workshops, and volunteer to grow food for the community.

### Veterans in Agriculture Pilot Program

We collaborate with partners to connect Veterans, especially rural Veterans, to their earned benefits by building a statewide network of training, support, and advocacy for those who are currently involved or are seeking to get involved in agrpreneurship or agricultural operations.

### Vet Corps - AmeriCorps

Vet Corps members are stationed at colleges, universities, and community organizations through Washington State to assist Veterans and family members as they transition from military to civilian/collegiate life. These members also provide training and support to faculty, staff, administration, and community members to increase awareness of Veterans' needs.

### Brain Injury & Recovery Program

WDVA's Brain Injury and Recovery Program provides no-cost services to Veterans and family members affected by both traumatic and acquired brain injuries. Services include individual support, education, and consultations; screening tools and training; employer support services; and treatment evaluation, consultation, and community outreach.

### The War Trauma Counseling Program

provides community-based, no-cost, professional, confidential counseling services to general discharged, war-era Veterans, reservists, guard, and family members.

Note: King County residents are seen no matter the era of service or discharge.

Licensed mental health professional contractors offer a wide range of specialized treatment services, i.e. Post Traumatic Stress Disorder, Military Sexual Trauma, Traumatic Brain Injury, and other issues related to military service.

For more information and a list of Counselors, visit [dva.wa.gov/ptsd](http://dva.wa.gov/ptsd)



[www.dva.wa.gov](http://www.dva.wa.gov)  
1-800-562-2308

Counseling and Wellness  
Director

Jeremy Grisham  
360-789-9304

[Jeremy.Grisham@dva.wa.gov](mailto:Jeremy.Grisham@dva.wa.gov)



## State Veterans Cemetery

### Impact on Veterans

The creation of the Washington State Veterans Cemetery in Medical Lake fills a significant service gap for Veterans and families in eastern Washington and northern Idaho.

More than 7,000 Veterans and family members have been interred in this national shrine since it opened in 2010.

### Impact on State

Proceeds from the sales of Armed Forces License Plates support ongoing maintenance of the State Veterans Cemetery. In FY2021, these license plates generated \$630,000 to directly support operations.

### Administrative Office

Open Mon-Fri

8:00 am to 4:00 pm

Closed weekends and holidays

21702 W. Espanola Rd.  
Medical Lake, WA 99022

Office: 509-299-6280

Fax: 509-299-6286

Email:

cemetery@dva.wa.gov

### National Veterans Cemetery Gravesite

locator:

[www.cem.va.gov](http://www.cem.va.gov)

Mobile site:

[m.va.gov](http://m.va.gov)

Note: pets and tobacco use are not allowed on cemetery grounds out of respect to families.

### Cemetery Director

Rudy Lopez

509-299-6280

Cemetery@dva.wa.gov

### Eligibility

Interment eligibility mirrors National Veterans Cemetery eligibility requirements. In general:

- All honorably discharged U.S. Veterans
- Spouses
- Dependent Children (in limited cases)

The Washington State Veterans Cemetery serves Veterans and their families, fulfilling a nation's promise to care for its Veterans. Washington State residency is not a pre-requisite for burial. Refer to the following link for specific eligibility criteria.

[http://www.cem.va.gov/cem/burial\\_benefits/eligible.asp](http://www.cem.va.gov/cem/burial_benefits/eligible.asp)



### Burial Options and Services

The State Veterans Cemetery provides for traditional in-ground casketed burials. Traditional burials include ground plot, cement liner, and an upright inscribed granite marker.

The following options are available for cremation inurnment:

- Columbarium niche includes inscribed granite niche cover
- In-ground cremation inurnment includes ground plot and upright inscribed granite marker
- Scattering Garden with inscribed granite marker

Traditional graveside services are not permitted. All services are held in the Committal Shelter offering a safe and respectful place for remembrance. Services may include Military Funeral Honors for Veterans and Military Retirees in accordance with Public Law 106.65. Families have the option of using a variety of volunteer-supported functions to personalize their loved ones' committal service.

An information kiosk located in the Administration Building foyer contains an electronic grave locator allowing family and friends to easily locate the gravesite of their loved one.

### National Veterans Cemetery Gravesite Locator:

<http://www.cem.va.gov>

Mobile:

[m.va.gov](http://m.va.gov)

### Pre-need and Costs

Handling end-of-life affairs can be stressful on families. Pre-need applications allow you to determine interment eligibility to accommodate your families' pre-needs plan, and makes sure your wishes are known. For these reasons, pre-need planning is encouraged.

Military discharge documentation, such as a DD-214 (Veteran) and a marriage certificate (married couples), are required to pre-register. Upon verification, you will receive a determination letter which should be kept with other important records.

Interment costs for eligible Veterans are paid by the Department of Veterans Affairs. \$300 is collected at the time of interment for eligible spouses and dependent children.



### Volunteers and Donations

There are numerous opportunities for individuals to donate their time or resources at the Washington State Veterans Cemetery, including:

- Honor Guard Rifle Teams
- Cemetery Ambassadors
- Buglers
- Cortege Drivers
- Photographers (community events)
- Ministers
- Monetary Donations - Gravesite flags (special holidays), special projects, public events



# State Veterans Homes

## Washington Soldiers Home

The Washington Soldiers Home was established in 1891 and is located on 174 acres in Orting's beautiful Puyallup Valley. It was the first of four homes established to serve Washington State Veterans. Each summer, residents and family members enjoy the annual family picnic and a fishing derby at the pond.

Occupancy: 97

**For a tour or more information, call 360-893-4515**



## Washington Veterans Home

The Washington Veterans Home was established in 1910 in Port Orchard on a 31-acre bluff overlooking Puget Sound. In 2005, a new nursing care building was opened, providing a "Resident Centered Care" concept that focuses resources around the individual resident. All primary services for residents are available within a forty-bed "neighborhood."

Occupancy: 200, including a 40-bed secured memory care neighborhood.

**For a tour or more information, call 360-895-4700**



## Spokane Veterans Home

Opened in 2002, the Spokane Veterans Home is located in the heart of Spokane's medical centers. The Home is a place where Veterans are treated with the dignity and respect they deserve, in distinctive settings that provide a sense of belonging.

Occupancy: 100

**For a tour or more information, call 509-344-5770**



## Walla Walla Veterans Home

The Walla Walla Veterans Home opened in 2016 and is co-located on the campus of the Jonathan M. Wainwright Memorial VA Medical Center. This nursing care facility was designed using a "small house" model and provides care in eight individual homes. All residents enjoy a private room with a private bathroom. Each house has an open kitchen, dining area, and living space much like a traditional home. Additionally, the Homes are equipped with shared services such as laundry and a state of the art bathing suite.

A memory care house provides a home-like environment to address the needs of Veterans who require nursing home-level care in a secure setting.

Occupancy: 80

**For a tour or more information, call 509-394-6800**



### Admission Criteria

- Require nursing home-level care
- Served at any time in the U.S. Armed Forces
- Served in the National Guard and was activated for 180 days or fulfilled the initial service obligation
- Received an honorable discharge
- Resides in WA State

### OR

- Is the spouse of a Veteran who is a resident, or is a widow of an eligible Veteran
- Is a Gold Star Parent

### Supportive Services

- Physical therapy
- Occupational therapy
- Recreational activities
- Volunteer programs
- Hospice
- Community involvement
- Religious programs
- Transportation

### Impact on Veterans

Veterans rated 70-100% Service Connected Disabled, or whose service connected disability is the reason nursing care is needed, may have their nursing home care paid by the Federal VA.

### Impact on State

State Veterans Homes are eligible to receive Per Diem payments from the Federal VA, reducing the state's Medicaid obligation and saving those dollars for individuals in non-state Veterans homes.

### Admissions

**1-877-838-7787**  
**www.dva.wa.gov**

WASHINGTON STATE  
DEPARTMENT OF  
**VETERANS  
AFFAIRS**



*"Serving Those Who Served"*

# Improving the quality of life for veterans and their families



## The WDVA Way

We value everyone



We inspire each other



We respect & empower everyone



We cultivate a healthy, inclusive, & safe workplace



We are honest, professional, & transparent



We listen to understand & speak with intent

## Our Priorities

Engage with and listen to veterans and families

Offer responsive and innovative veterans services

Provide quality health services

WDVA is an employer of choice

Operate efficiently and effectively

## We Will ...

Respond to the needs of veterans and their families

Improve veterans quality of life

Ensure availability and delivery of 5-star care

Foster a culture of diversity, equity, and inclusion

Measure what matters

## Success is ...

- More veterans served, with higher enrollments in WDVA programs
- Increased customer satisfaction

- Investment in continuous improvement projects
- Retaining talented employees
- Effective quality assurance

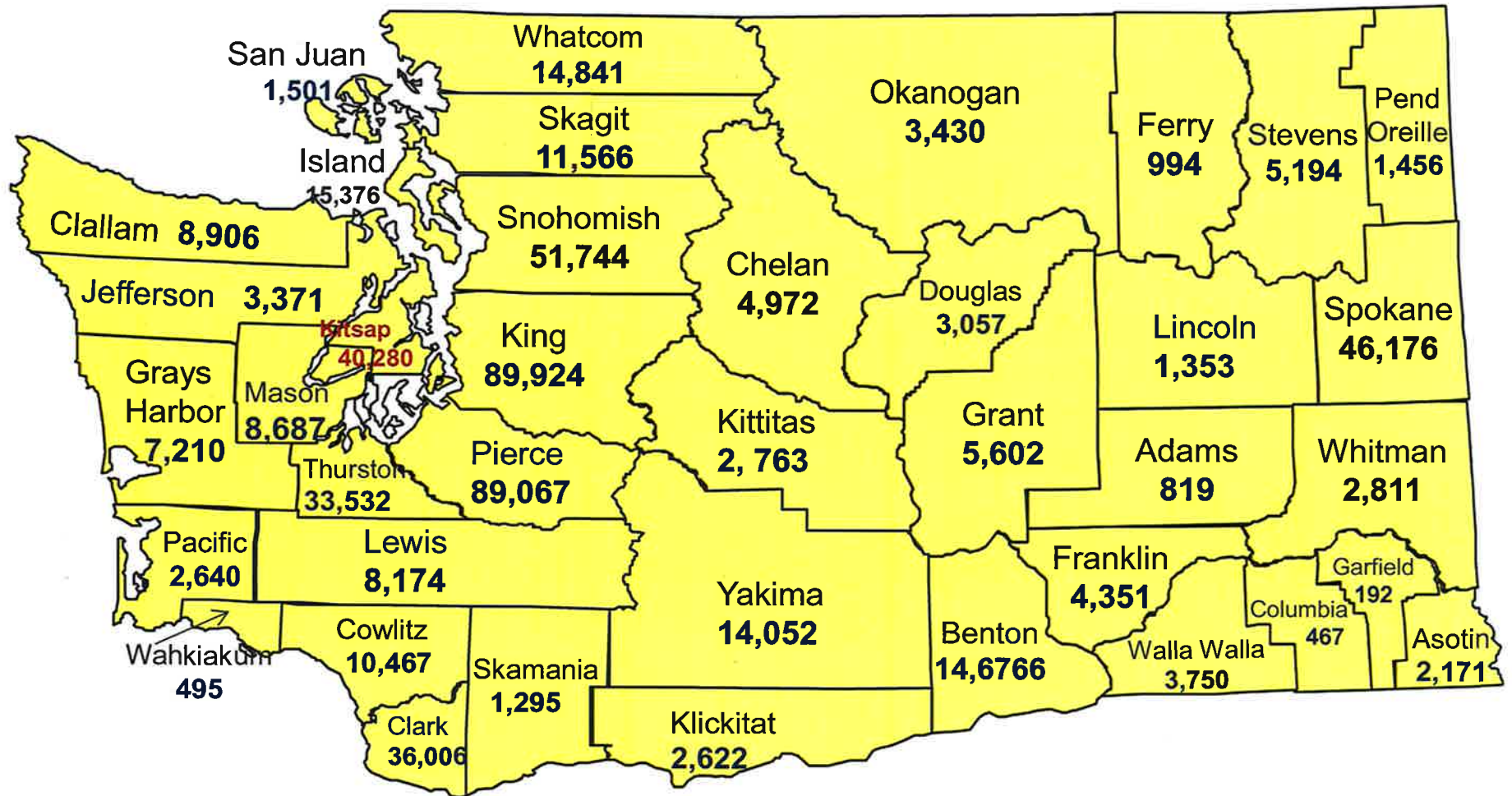
- Employees have the resources they need to do their jobs
- Efficient, effective use of assets

- Increased Employee Engagement Survey participation
- Employees know how their work impacts WDVA, veterans and their families



# Washington State

## 2023 Veteran Population by County



**Total Washington State Veteran Population 555,989**



## Your Suicide Prevention Team

	<p><b>Codie Garza</b> Suicide Prevention Program Manager Region: State-wide Cell: 360-522-2894 Email: <a href="mailto:codie.garza@dva.wa.gov">codie.garza@dva.wa.gov</a></p>
	<p><b>Brittany McVicar</b> Lead Suicide Prevention Peer Specialist Region: State-wide Email: <a href="mailto:brittany.mcvicar@dva.wa.gov">brittany.mcvicar@dva.wa.gov</a></p>
	<p><b>Jen Prewitt</b> Suicide Prevention Peer Specialist Region 1: Clallam, Island, Jefferson, King, Kitsap, San Juan, Skagit, Snohomish &amp; Whatcom Counties Email: <a href="mailto:Jennifer.prewitt@dva.wa.gov">Jennifer.prewitt@dva.wa.gov</a></p>
	<p><b>Connie O'Brien-Larsen</b> Suicide Prevention Peer Specialist Region 2: Clark, Cowlitz, Grays Harbor, Lewis, Mason, Pacific, Pierce, Skamania, Thurston &amp; Wahkiakum Counties Email: <a href="mailto:constance.obrien-larsen@dva.wa.gov">constance.obrien-larsen@dva.wa.gov</a></p>
	<p><b>Mike Badgley</b> Suicide Prevention Peer Specialist Region 3: Chelan, Douglas, Grant, Kittitas, Klickitat, Okanogan, &amp; Yakima Counties Email: <a href="mailto:michael.badgley@dva.wa.gov">michael.badgley@dva.wa.gov</a></p>
	<p><b>James Hansen</b> Rural Suicide Prevention Peer Specialist Region 4: Adams, Asotin, Benton, Columbia, Ferry, Franklin, Garfield, Lincoln, Pend Oreille, Spokane, Stevens, Walla Walla, &amp; Whitman Counties Email: <a href="mailto:james.hansen@dva.wa.gov">james.hansen@dva.wa.gov</a></p>

**-Resources On Next Page-**



*"Serving Those Who Served"*



## Crisis & Other Helpful Resources



### General Helpful resources:

- Trans lifeline: 877-565-8860 (24/7)
- Trevor project: 866-488-7386 (24/7)
- Sexual assault hotline (RAINN): 800-656-4673 (24/7) (or use live chat feature)
- National domestic violence hotline: 800-799-7233 (24/7) (or use secure chat feature)
- Addiction hotline (SAMHSA): 800-662-4357 (24/7)
- Disaster Distress Helpline (SAMHSA): 1-800-985-5990 (or text TalkWithUs to 66746)

### Veteran-specific resources:

- Vet Self Check (vetselfcheck.org)
- Irreverent Warriors (irreverentwarriors.com)
- Mission 22 (mission22.com)
- Give an Hour (giveanhour.org)

### Social Media Crisis Reporting Guides:

- Facebook:  
<https://www.facebook.com/help/contact/305410456169423>
- Twitter:  
<https://help.twitter.com/en/safety-and-security/self-harm-and-suicide>
- Instagram:  
<https://help.instagram.com/388741744585878>
- Snapchat:  
<https://support.snapchat.com/en-US/a/Snapchat-Safety>

### WDVA Suicide Prevention Webpage:

<https://www.dva.wa.gov/veterans-their-families/counseling-and-wellness/suicide-prevention-and-support>

### Contact with Safer Homes program

- Phone: 206-543-1016
- Email: [info@saferhomescoalition.org](mailto:info@saferhomescoalition.org)
- Website:  
<https://saferhomescoalition.org/>

### Contact with Forefront Suicide Prevention

- Contact Form:  
<https://intheforeground.org/contact/>
- Website: <https://intheforeground.org/>

### TAPS – Tragedy Assistance Program for Survivors

This is a program has literature, meetings, peer support, and conferences for Military and Veteran suicide loss survivors.

<https://www.taps.org/suicide>

### NAMI Washington– National Alliance on Mental Illness

This organization has online support groups for those who are dealing with mental health issues or parents who have children with mental health concerns

<https://www.namiwa.org/online-support-groups>

### Loss Survivor Support Groups

You can use this site to search for a suicide loss survivor support group in your area.

<https://afsp.org/find-a-support-group/>

### Cohen Clinic

Cohen Clinic provides tele-health mental health services to post 9-11 era Military, Veterans, and families anywhere in Washington State



**2022 COUNSELING AND WELLNESS PROVIDER DIRECTORY**

County	Therapist/Group Name/Website	Phone Number	Address	Services				Foreign Languages Spoken	After Hours Services?	Military Service? Y/N	Family Member of a Veteran	Type of Counseling/Certifications	Accepting New Clients	Accepting VA Community Care
				Individual	Couples	Family	Group							
Chelan Douglas Kittitas	Veterans Counseling of Central Washington	509-667-8828	247 N Chelan Ave Wenatchee, WA 98801	Y	Y	Y	Y		case by case	Y		Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, EMDR, psycho-education, goal setting. MSW, MA, LMFT, BA	Y	
Clallam	Dalis La Grotta Counseling Dalis Lisbet La Grotta, M.A., LMHC	360-797-1429	435 West Bell Street, Suite D Sequim, WA 98382	Y	Y	Y	Y	Spanish	5:00 - 7:00 Monday, flexible for accomodation	N		License Mental Health Counselor LMHC. International Certified Gambling Counselor IGCC-III. Board Approved Clinical Consultant BACC BAC1. Washington State Certified Problem Gambler II. WSGCC-II	Y	Y
Clark Cowlitz	Oasis Counseling Brenda Larson, M.A., LMHC, CMHS	360-751-7213	1339 Commerce Ave #316 Longview, WA 98632	Y	Y	Y	Y	None	5:00 - 6:00 pm	N		CBT, Trauma Focus: Military Veterans, Couples. Children-Play Therapy/Sand Tray. LMHC, CMHS	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Clark Ashworth, Ph.D.	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y	Y	Clinical Psychologist & Sex Offender Treatment Provider	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Ronald Graham, MSW, LICSW	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y	Y	Licensed Independent Clinical Social Worker Associate	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Kaali Sill, MSW, LMHC	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	N	Y	Licensed Mental Health Counselor	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Emily Danekas, MS, LMHCA	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y	Y	Licensed Mental Health Counselor Associate	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Louis DiConti, MS, LMHCA	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	N	Y	Licensed Mental Health Counselor Associate	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Rochelle DiConti, MS, LMHCA	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	N	Y	Licensed Mental Health Counselor Associate	Y	

County	Therapist/Group Name/Website	Phone Number	Address	Services				Foreign Languages Spoken	After Hours Services?	Military Service? Y/N	Family Member of a Veteran	Type of Counseling/Certifications	Accepting New Clients	Accepting VA Community Care
				Individual	Couples	Family	Group							
Franklin Benton Grant	Roberto Valdez, Ph.D.	509-551-7074	100 N Morain Street, STE 309 Kennewick, WA 99336	Y	Y	Y	Y	Spanish	Yes, some evenings and some Saturdays	N		Cognitive Behavioral and Cognitive Processing Therapy, SFBT, Evaluations and PTSD Support Groups	N	
King	Wendy David, Ph.D. www.seattlepsychology.com	425-891-5400	200 W Mercer Street, STE 111 Seattle, WA 98119	Y	Y	N	Y	Braille	Thursdays & Saturdays 8:30 - 5:00	N		CBT, Prolonged Exposure, ACT	Y	N
King	Autumn del Fierro, Ph.D.	206-659-8107	10740 Meridian Ave N, STE 110 Seattle, WA 98133	Y	Y	N	N	None	Tues, Wed, Thurs	N		Psychologist, CBT, ACT, Mindfulness, DBT skills, Prolonged Exposure, Motivational Interviewing, trauma, depression, anxiety spectrum	N	
King	Cindy Gilbert, LICSW	206-366-5213	16000 Christensen Road, #110 Tukwila, WA 98188	Y	Y	N	N	None	No	N		MSW, LICSW, EMDR, CPT, PET, Mindfulness	Y	N
King	Iron Wheel Counseling Sam Schwartz Landrum, MSW, LICSW	206-605-8998	4719 University Way NE, STE 206 Seattle, WA 98105	Y	Y	Y	N	None	Tuesdays, 6:00 -10:00 pm	N		CBT, Mindfulness skills, DBT skills, Prolonged Exposure and Cognitive Processing Therapy, Integrated Behavioral Couples Therapy	Y	
King	Ronald Lowell, MSW, LICSW	206-902-7210	4719 University Way NE, STE 206 Seattle, WA 98105	Y	Y	Y	Y	None	4:00-8:00 M-F, Sat by appt	N		LICSW, CDP, MAC; Trauma focused treatments (Cognitive Behavior Therapies, Mindful Based Relapse Prevention, Prolonged Exposure, Motivational Interviewing, Tele-Mental Health)	Y	
King	Michael J. Phillips, Psy.D.	425-364-8740	310 Third Ave NE, #104 Issaquah, WA 98027	Y	Y	N	N	None	No	N		Licensed Psychologist	Y	
King	The Veteran Advisor Stephen Riggins, M.Ed., LMHC www.theveteranadvisor.com	206-898-1990	4500 9th Ave NE, STE 300 Seattle, WA 98105	Y	Y	Y	N	None	Yes, by appt only	Y AF		EMDR, Level 1 & 2 Men and Women, Court Advocate, Evaluations, LMHC	Y	
King	Tukwila Counseling & Consultation Services Bridgette Agpaoa Ryder, EdD, LMHC, SUDP	206-351-7001	631 Strander Blvd, Suite G Tukwila, WA 98188	Y	Y	Y	N	None	No	N		Client Centered, Cognitive Behavioral, Dialectical Behavioral, Solution Focused, Motivational Enhancement Therapies, Service Coordination, Couples and Family Systems	Y	N
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	1336 S. 336th Street Federal Way, WA 98003	Y	N	N	N	None	No	Y Navy		CBT, EMDR, Trauma Informed Care	Y	
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	2704 "I" St NE Auburn, WA 98002	Y	N	N	N	None	No	Y Navy		CBT, EMDR, Trauma Informed Care	Y	
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	325 West Gowe St Kent, WA 98032	Y	N	N	N	None	No	Y Navy		CBT, EMDR, Trauma Informed Care	Y	
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	8444 Rainier Ave S Seattle, WA 98118	Y	N	N	N	None	No	Y Navy		CBT, EMDR, Trauma Informed Care	Y	
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	221 Wells Ave S Renton, WA 98057	Y	N	N	N	None	No	Y Navy		CBT, EMDR, Trauma Informed Care	Y	
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	26401 Pacific Hwy S Des Moines, WA 98198	Y	N	N	N	None	No	Y Navy		CBT, EMDR, Trauma Informed Care	Y	



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				Individual	Couples	Family	Group							
King	Owls Well Counseling Maggie Yowell Wilson, LMHC www.maggiyowellwilson.com	206-606-3545	438 SW 4th Pl Renton, WA 98057	Y	Y	Y	Y	None	No	N		LMHC, child mental health specialist, geriatric mental health specialist, registered drama therapist, registered expressive arts therapist, Trained in CBTp, DBT, EMDR, Motivational Interviewing; use of play therapy and sandplay.	Y	N
King	Collaborative Behavioral Approach Rebecca Shaver, LMHC	253-355-7428	502 2nd Ave NE Puyallup, WA 98372	Y	Y	Y	N	None	By Appointment	N		LMHC, DVC, CBT, Trauma Informed Care	Y	
King	Allen Wellness Center Lisa Allen, MSW, LICSW allenwellnesscenter.org	253-213-2182	6212 75th Street West Lakewood, WA 98499	Y	Y	Y	Y	None	No	Y		CBT, CPT, DBT, CETA	Y	Y
Kitsap	Mental Health Professionals, LLC Jody Stewart, M.A., LMHC	360-620-3722	4980 Auto Center Way Bremerton, WA 98321	Y	Y	N	Y	None	Mon -Thurs 9:00 - 8:00	N		MA, LMHC, CBT, DBT, CPT, ACT, WET	Y	Y
Lewis	Cowlitz Darlene Tewault, M.A., LMHC	360-330-2832	2340 Harrison Ave Centralia, WA 98531	Y	Y	N	N	None	Mon, Tues, Thurs 8:00 am - 7:30 pm Wed & Fri 8:00 am - 4:00 pm	N		BA, MA, Psych A Community Counselor, Natl Assoc for Forensic Counseling, Certification for Domestic Violence	Y	
Mason	Kitsap Mental Health Professionals, LLC Adrian R. Magnuson-Whyte, Ph.D., LMHC, CCMHC, DCMHS www.mhp-llc.com	360-462-3320	2136 Olympic Highway North Shelton, WA 98584	Y	N	N	Y	None	No	Y British		Trauma-Focused CBT, Solution-Focused	Y	Y
Okanogan	Jodie Field, LMHC, M.S.	509-826-5731	101 E Dewberry Omak, WA 98841	Y	Y	Y	N	None	No	N		Licensed Mental Health Counselor	Y	Y
Pacific	Grays Harbor Robert Holt, LMHC	360-532-4201	1210 Madison St Aberdeen, WA 98520	Y	Y	Y	N	None	No	N		LMHC, TF-CTB, Behavioral Specialist	N	
Pierce	Castelee Williams & Assoc. John Castelee, LMFT	253-536-2881	711 South 25th Street Tacoma, WA 98405	Y	Y	Y	Y	None	No	Y		LMFT, LMHC, DVC, Domestic Violence Supv, Substance Abuse Disorder Provesiona/SPV, WISE Program	Y	
Skagit	Island Whatcom Cantrell Counseling, Inc, Bridget C. Cantrell, Ph.D. www.bridgetcantrell.com	360-714-1525	1050 Larrabee Avenue, Suite 104, PMB 714 Bellingham, WA 98225 (offices in Mt. Vernon & Whidbey Island)	Y	Y	Y	N	None	Some later appointments available in Bellingham	N		Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, psycho-education, goal setting.	Y	
Snohomish	Tufts Counseling Jim Tufts, MSW, LICSW	425-385-3556	1814 105th St SE Everett, WA 98208	Y	Y	Y	N	None	5 pm is latest	N		trauma, abuse, depression, anxiety	Y	Y
Snohomish	Tufts Counseling Ann Lee, LICSW	206-381-1331	2326 Rucker Ave Suite 103 Everett, WA 98201	Y	Y	N	N	None	5:00 -6:00 pm	N		EMDR, ego states work, mindfulness and somatic work addressing trauma, abuse depression and anxiety	Y	Y
Snohomish	Tufts Counseling Julie Androff Ohnemus, LICSW	425-412-0835	2326 Rucker Ave Everett, WA 98201	Y	Y	N	N	None	5 pm is latest	N		CBT, Mindfulness-based, Somatic-based, DBT	Y	Y
Snohomish	Tufts Counseling Chris Richards, MSW, LICSW	425-385-8520	1814 105th St SE Everett, WA 98208	Y	Y	Y	N	Some Spanish	Yes, for crisis	N		LICSW	Y	Y
Spokane	Pollack & Associates Dennis Pollack, Ph.D.	509-747-1456	301 W Indiana, STE C Spokane, WA 99205	Y	Y	N	N	None	Yes, as needed	N		Licensed Psychologist	Y	

County	Therapist/Group Name/Website	Phone Number	Address	Services				Foreign Languages Spoken	After Hours Services?	Military Service? Y/N	Family Member of a Veteran	Type of Counseling/Certifications	Accepting New Clients	Accepting VA Community Care
				Individual	Couples	Family	Group							
Spokane	Brain Healing, LLC Jack Stell, LMHC, CDP www.brain-healing.net	509-221-0425	11504 E Fairview Ave Spokane Valley, WA 99206	Y	Y	Y	Y	None	1:00 to 7:00 Monday through Fri. Emergency appointments after hours on occasion. Available via email outside regular business hours	Y Navy	Y	EMDR Approved Clinician and Approved Consultant, Gorski Relapse Prevention Method, Neurofeedback, Psycho-educational Workshops, childhood and adult trauma, couples, Children ages 6+, LGBTQ friendly, MST	Y	
Thurston	Carel Camerer, MA, LMHC, LMT	360-352-7066	2237 29th CT NW Olympia, WA 98592	Y	Y	Y	Y	SEE (Signed Exact English)	No	N	Y	Advanced EMDR	Y	Y
Whitman	WSU Psychology Clinic / Walter Scott Conny Kirchoff, Assistant Director www.psychologyclinicwsu.edu	509-335-3587	Johnson Tower, Rm 362 Pullman, WA 99164	Y	Y	N	Y	Spanish, Mandarin, Cantonese	Telephone crisis line	N		Evidence based trauma interventions, APA approved training site for doctoral Ph.D. students in Clinical Psychology	Y	
Yakima	Center for Counseling & Psychotherapy Duane Dolliver, M.S., LMHC, LMFC www.ccpwecare.com	509-966-7246	1015 S 40th Ave, STE 23 Yakima, WA 98908	Y	Y	Y	N	None	5:00 - 7:00 pm	N				
VA Farms Orting Farm	Deborah Lopez	253-272-4432	26812 118th Ave E Graham, WA 98338	Y	Y	Y	N	None	10:00 - 7:00 pm	N		Trauma Focused, Complex Trauma, Systems, Solution-Focused	Y	N